



Omid Amani

Clinical Psychologist / Unemployed

DoB: September 7, 1990
Marital Status: Married
Military Status: Educational Exempt

Profile

Omid Amani is a clinical psychologist and psychotherapist passionate about helping people overcome their psychological challenges. He holds a bachelor's degree in Psychology from Imam Khomeini International University and a master's and doctoral degree in Child and Adolescent Clinical Psychology from Shahid Beheshti University. He has practiced various psychotherapy approaches in settings such as hospitals, clinics, and counseling centers. He is a member of Iran's National Elites Foundation and has collaborated with the ALA Cancer Prevention and Control Center. He aims to use his expertise and skills to provide high-quality psychological services and improve his client's mental health and well-being.

Education

▶ Doctoral Degree in Clinical Psychology

Shahid Beheshti University

Sep 23, 2018

Description:

Thesis Title: Design and Development of a Cognitive Rehabilitation-based Therapeutic Play Package: Assessing its Impact on Psychological and Neurocognitive Outcomes in Adolescents with Cancer

▶ Master's Degree in Clinical Psychology (Child and Adolescent Psychology)

Shahid Beheshti University

July 1, 2013 - June 14, 2016

Description:

Type of Program: Educational-Research

Thesis Title: The Efficacy of Cognitive Rehabilitation on Executive Functions and Quality of Life in Adolescents Treated for Acute Lymphoblastic Leukemia

- Thesis Grade: Excellent (19.9/20)
- Overall GPA Without Thesis: 18.52
- Overall GPA With Thesis: 18.69

▶ Bachelor's Degree in Psychology

International Imam Khomeini University (RA)

July 1, 2009 - June 10, 2013

Description:

Type of Program: Educational-Research

Thesis Title: Cognitive Functions in Women with Breast Cancer: A Systematic Review

- Thesis Grade: Excellent (19.60)
- Overall GPA Without Thesis: 16.37
- Overall GPA With Thesis: 16.41

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Tehran, Iran

Language

Persian **Mother tongue**

English **C1**

Skills

Clinical assessment **Expert**

Psychotherapy **Expert**

Psychological testing **Expert**

Research methods **Expert**

Cognitive-behavioral therapy **Expert**

Crisis intervention **Expert**

Group therapy **Expert**

Report writing **Expert**

Data analysis **Expert**

Treatment planning **Expert**

Clinical supervision **Expert**

Case conceptualization **Expert**

Program development **Expert**

Public speaking **Expert**

Conflict resolution **Expert**

Soft skills

Empathetic **Expert**

Active listener	Expert
Patient	Experienced
Adaptive	Expert
Collaborative	Expert
Analytical	Expert
Problem solver	Expert
Compassionate	Expert
Nonjudgmental	Expert
Ethical	Expert
Resilient	Expert
Open-minded	Expert
Culturally sensitive	Expert
Assertive	Expert
Self-aware	Expert

Hobbies

Enjoyment of cinematic experiences
 Playing musical instruments (guitar, tambourine, harmonica)
 Keen interest in traveling
 Relaxation
 Learning and Study

Social Links



www.dramanii.com



0000-0002-5407-5214



[dr.amaniiii](https://www.instagram.com/dr.amaniiii)



[omidamanii](https://twitter.com/omidamanii)



[Omid Amani](https://www.researchgate.net/profile/Omid-Amani)



[Omid Amani](https://www.linkedin.com/in/OmidAmani)

Certificate & Course

- ▶ **Clinical Psychology (License No. 7397)**
Psychology and Counseling Organization of I. R. Iran
- ▶ **APA Membership (Credential ID C2404960652)**
American Psychological Association
- ▶ **Family Pathology Certification**
- ▶ **Cognitive Behavioral Therapy (CBT) Training**
- ▶ **Mindfulness-Based Stress Reduction (MBSR) Certification**
- ▶ **Trauma-Informed Care Workshop**
- ▶ **Psychopharmacology for Non-Prescribers Course**
- ▶ **Acceptance and Commitment Therapy (ACT) Seminar**
- ▶ **Neurodevelopmental Disorders: Not What they Used to Be**
American Psychological Association
- ▶ **Mindful Self-Care in the Service of Health Care: An Embodied Approach**
American Psychological Association
- ▶ **Contemporary Diagnostic Developments: The Evolving Relationship Between the ICD and the DSM (and its Very Practical Implication)**
American Psychological Association
- ▶ **Emerging Models and Methods: Mining the Motherload for Clinical Utility**
American Psychological Association
- ▶ **Depressive Disorders: Depression, Dysregulation and Dysfunction**
American Psychological Association
- ▶ **Substance Use and Other Addictive Disorders**
American Psychological Association

▶ **Social Disorders of Health: Social and Cultural Context in Diagnoses and Treatment**

American Psychological Association

▶ **Behavior and Technology Addictions: Caught in the Net**

American Psychological Association

▶ **Personality Disorders: Relevant Considerations for Every Client You**

American Psychological Association

Extra Curricular Activities

▶ **Clinical Psychologist at Behnam Daheshpour Charity Organization**

Projects

▶ **Investigating the Motivations for Social Media Engagement and User Behavior Based on Attachment Theory for Family Research Institute, Shahid Beheshti University**

Oct 2014 - Apr 2017

▶ **Predicting Quality of Life and Hope in Breast Cancer Survivors Based on Neuropsychological Evidence for Cancer Research Center, Shahid Beheshti University of Medical Sciences**

Oct 2015 - Jan 2017

▶ **Assessing Cognitive Functions in Breast Cancer Patients Undergoing Chemotherapy and Survivors, in Comparison with Healthy Counterparts for Cancer Research Center, Shahid Beheshti University of Medical Sciences**

Oct 2015 - Oct 2016

Researches

▶ **The efficacy of Acceptance and Commitment Therapy (ACT) on hope and psychological well-being in women with breast cancer under chemotherapy for Iranian Journal of Psychiatric Nursing**

Description:

Authors: Moghadamfar, N., Amraei, R., Asadi, F., & Amani, O.

CITED BY: 42

YEAR: 2018

▶ **Effect of cognitive rehabilitation on executive functions in adolescent survivors of leukemia: A randomized and controlled clinical trial for Archives of Rehabilitation**

Description:

Authors: O Amani, MA Mazaheri, V Nejadi, BS Shamsian

CITED BY: 36

YEAR: 2017

- ▶ **Effectiveness of Cognitive Rehabilitation in Executive Functions (Attention and Working Memory) in Adolescents Survived from Acute Lymphoblastic Leukemia with a History of Chemotherapy: A Randomized Clinical Trial for J Mazandaran Univ Med Sci**

Description:

Authors: [O Amani](#), MA Mazaheri, V Nejadi, S Shamsian

CITED BY: 22

YEAR: 2017

- ▶ **The effectiveness of Accepted and Commitment Group Therapy on psychological flexibility and family communication patterns in women with type 2 Diabetes for Iranian Journal of Psychiatric Nursing**

Description:

Authors: M Faal, TA Vahid, ZM Taime, N Shaban, [O Amani](#)

CITED BY: 12

YEAR: 2019

- ▶ **Comparative study of quality of life in women survived and those suffered from breast cancer while under chemotherapy for J Health Promotion Manage**

Description:

Authors: M Moghani, [O Amani](#)

CITED BY: 11

YEAR: 2017

- ▶ **The Relationship Between Self-Differentiation and Early Maladaptive Schemas with Marital Satisfaction of Divorced Women for IRANIAN JOURNAL OF NURSING RESEARCH**

Description:

Authors: A Falehkar, Z Bordan, MD Kosha, [O Amani](#), N Moghadamfar

CITED BY: 4

YEAR: 2020

- ▶ **The effect of acceptance and commitment therapy on emotional regulation and coping strategies in patients with generalized anxiety disorder for Quarterly Journal of Child Mental Health**

Description:

Authors: A Fahlekar, M Faal, F Zahedzadeh, [O Amani](#), M Askari

CITED BY: 5

YEAR: 2020

- ▶ **The Effectiveness of group logotherapy on resiliency, depression and quality of life in elderly for JOURNAL OF GERONTOLOGY**

Description:

Authors: Z Frouzande, Sh Mami, [O Amani](#)

CITED BY: 17

YEAR: 2020

- ▶ **Evaluating family functioning and spiritual health in women with breast cancer, cancer-treated and healthy women for Iranian Journal of Psychiatric Nursing**

Description:

Authors: R Mousvi Diva, N Moghadam, [O Amani](#)

CITED BY: 21

YEAR: 2017

- ▶ **Psychometric properties and factor structure of children and adolescents' hopelessness scale for Thoughts and Behavior in Clinical Psychology**

Description:

Authors: V Nejadi, N Esmailian, [O Amani](#)

CITED BY: 10

YEAR: 2015

- ▶ **Retrospective and Prospective Memory in Women with Breast Cancer as Well as Breast Cancer Survivors with History of Chemotherapy Compared with Healthy Counterparts for Iranian Journal of Psychiatric Nursing**

Description:

Authors: [O Amani](#), M Malekzade Moghani, S Peykani

CITED BY: 8

YEAR: 2017

- ▶ **Study of executive function in women with breast cancer undergoing chemotherapy for J Qazvin Univ Med Sci**

Description:

Authors: [O Amani](#), M Malekzade Moghani, S Peykani

CITED BY: 8

YEAR: 2017

- ▶ **The Effects of Acceptance and Commitment Group Therapy on Rumination and Emotional Processing in Women With Generalized Anxiety Disorder for Middle Eastern Journal of Disability Studies**

Description:

Authors: K Tanha Doust, A Zahiri Mojdehi, M Zamani, F Zabihi Oskooei, [O Amani](#)

CITED BY: 3

YEAR: 2021

- ▶ **Comparative Study of Active Memory Capacity and Problem Solving Ability among Chemotherapy-Survived Women from Breast Cancer with Healthy Subjects for Health Research**

Description:

Authors: MM Moghani, [O Amani](#), S Peykani

CITED BY: 4

YEAR: 2017

- ▶ **The Effect of Group Psychotherapy based on Acceptance and Commitment on Loneliness and Social Adjustment in Girls with Social Anxiety Disorder for Iranian Journal of Psychiatric Nursing**

Description:

Authors: K Tanhadoost, M Bezi, MG Jam, FA Haghighi, [O Amani](#)

CITED BY: 3

YEAR: 2021

- ▶ **Comparison of the efficacy of acceptance commitment therapy and electrical stimulation with alternating current on mood symptoms in depressed patients for Iranian Journal of Nursing Research**

Description:

Author: M Asgari, A Falehkar, A Zarei, F Mirzahoseini, [O Amani](#)

CITED BY: 3

YEAR: 2018

- ▶ **The Effect Of Mindfulness-Based Cognitive therapy On Body Image And Fear Of Negative Evaluation Of Women With Mastectomy Breast Cancer for IRANIAN JOURNAL OF NURSING RESEARCH**

Description:

Authors: M FeiziZadeh, Z Nazari, M Naseri, Z Frouzandeh, [O Amani](#)

CITED BY: 1

YEAR: 2020

- ▶ **Comparison of the Efficacy of Acceptance Commitment Therapy and Electrical Stimulation with Alternating Current on Mood Symptoms in Depressed Patients for IRANIAN JOURNAL OF NURSING RESEARCH**

Description:

Authors: M Asgari, A Falehkar, A Zarei, F Mirzahoseini, [O Amani](#)

CITED BY: 3

YEAR: 2018

- ▶ **Emotion regulation, negative self-evaluation, and social anxiety symptoms: The mediating role of depressive symptoms for Current Psychology**

Description:

Authors: SHAA Mehrizi, [O Amani](#), AM Feyzabadi, ZEB Kolae

CITED BY: 2

YEAR: 2023

- ▶ **The Effectiveness of Group Psychotherapy Based on Acceptance and Commitment on Emotional Expressiveness and Self-Care behaviors in Patients with Type 2 D iabetes**

Description:

Authors: S Shahbeik, F Taghavijurabchi, N Rohani, M Mohamadi, [O Amani](#)

CITED BY: 2

YEAR: 2019

- ▶ **The cognitive brain functions in adolescent survivor of lymphoblastic leukemia for Iranian Journal of Pediatric Nursing**

Description:

Authors: MM Moghani, F Abbasi, [O Amani](#)

CITED BY: 2

YEAR: 2018

- ▶ **The Relationship Between Cognitive Flexibility and Self-Compassion with Sleep Quality: The Mediating Role of Emotion Regulation for Clinical Psychology and Personality**

Description:

Authors: M Deldar Gohardani, M Sotode, K Bik Mohammadi, [O Amani](#)

YEAR: 2023

► **Effectiveness of internet-delivered cognitive behavioral therapy for insomnia: a systematic review and meta-analysis for Biological Rhythm Research**

Description:

Authors: [O Amani](#), MA Mazaheri, M Malekzadeh Moghani, F Zarani
YEAR: 2023

► **The role of social support, resilience and rumination in predicting posttraumatic growth among Corona-Recovered Patients for Journal of Psychology New Ideas**

Description:

Authors: M Faal, TA Vahid, ZM Taime, N Shaban, [O Amani](#)
CITED BY: 1
YEAR: 2022

► **The Comparison of Quality of Life among Adolescent Survivors of Childhood Acute Lymphoblastic Leukemia Treatment with Chemotherapy History and Their Healthy Counterparts for IRANIAN JOURNAL OF NURSING RESEARCH**

Description:

Authors: [O AMANI](#), MALI MAZAHERI, V NEJATI, BS SHAMSIAN
YEAR: 2017

► **Effect of Cognitive Rehabilitation on Executive Functions in Adolescents for Rehabilitation**

Description:

Authors: [O Amani](#), MA Mazaheri, V Nejadi, BS Shamsian
YEAR: 2017

► **Childhood maltreatment and cyberbullying victimization/perpetration; The mediating role of family function, resilience, and anxiety for Psychology Hub**

Description:

Authors: RH Choolabi, ZAN Abadi, K Tavakolpour, [O Amani](#)
YEAR: 2024

► **Mediating effects of rumination on insomnia in cancer survivors: Influences of cancer-related fatigue, fear of recurrence, and psychological distress for Cancer Medicine**

Description:

Authors: [O Amani](#), MA Mazaheri, MM Moghani, F Zarani, RH Choolabi
YEAR: 2024

► **Investigating the relationship between burnout, internalized shame and metacognitive beliefs on emotion regulation in women affected by marital infidelity for Psychology of Woman Journal**

Description:

Authors: T Jafari, M Zarei, MN Shahraki, [O Amani](#)
YEAR: 2023

► **The Efficacy of Mindfulness-based Cognitive Therapy on Emotional Selfawareness and Meta-Cognitive Beliefs in Adolescents with Generalized Anxiety Disorder for IRANIAN JOURNAL OF PSYCHIATRIC NURSING**

Description:

Authors: N Shaban, M DEHGHANI, E Razaati, S GHORBANI, [O AMANI](#)
YEAR: 2021

► **Study of executive function in women with breast cancer undergoing chemotherapy for J Qazvin Univ Med Sci**

Description:

Authors: [O Amani](#), M Malekzade Moghani, S Peykani
YEAR: 2017

► **Chemotherapy-induced cognitive impairment in breast cancer survivors: A systematic review of studies from 2000 to 2021 for Cancer Reports**

Description:

Authors: [O Amani](#), MA Mazaheri, MM Moghani, F Zarani, RH Choolabi
CITED BY: 3
YEAR: 2024

► **Psycho-oncology curriculum needs assessment in postgraduate education for International Journal of Body, Mind and Culture**

Description:

Authors: [O Amani](#), MR Sharbafchi
YEAR: 2024

Honors

▶ Third Rank in National Master's Entrance Examination (Iran)

▶ Thirteenth Rank in National Doctoral Entrance Examination (Iran)

Peer Review

▶ Current Psychology (6 reviews)

▶ Personality and individual differences (3 reviews)

▶ BMC nursing (2 reviews)

▶ BMC psychology (2 reviews)

▶ Journal of applied psychology (4 reviews)